

# BALDWINSVILLE BOYS TRACK & FIELD

## Baldwinsville BEES "John Arcaro" Relays

**DATE:** Saturday, April 26, 2008  
**TIME:** 1:00 p.m. Start  
**ENTRY FEE:** \$25.00/Relay Maximum \$150.00  
**PAYABLE TO:** Baldwinsville Boys Track & Field Club  
**SCORING:** 10-8-6-4-2-1 All events  
**AWARDS:** Top 6 Individual Top Two Teams

### ORDER OF EVENTS

1:00 p.m.  
110M High Hurdle Relay (F)  
4 X 400m Relay (F)  
Distance Medley Relay (1200-400-800-1600) (F)  
Int. Sprint Medley Relay (100-200-300-400) (F)  
3000M Steeple Chase (F)  
4 X 200m Relay (F)  
4 X 800m Relay (F)  
Sprint Medley Relay (400-200-200-800) (F)  
4 X 1600m Relay (F)  
4 X 100m Relay (F)  
Throwers 4 X 100m Relay (non scoring – pies to each winner)

Also at 1:00 p.m.  
Shot Put  
High Jump  
Pole Vault  
Long Jump

To follow:  
Triple Jump  
Discus  
28 lb. Wt. Throw

S.P./L.J./T.J./D.T./28 lb. wt.  
(4 Attempts In Each)  
P.V/H.J.

Starting Height:  
P.V. - 8' 6"  
H.J. - 5'

**Please Note: No spikes will be allowed on the track.**

All running relays are four persons (Exception-Hurdle Relay & Steeplechase is a "two-person" relay)  
All Field events are "two-person" relays.

New York State and National High School Federation Rules apply. Each school may enter only one relay team per event. An athlete can compete in no more than three events.

**Let me know if you plan to enter by April 11, 2008**

Yours in track,

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