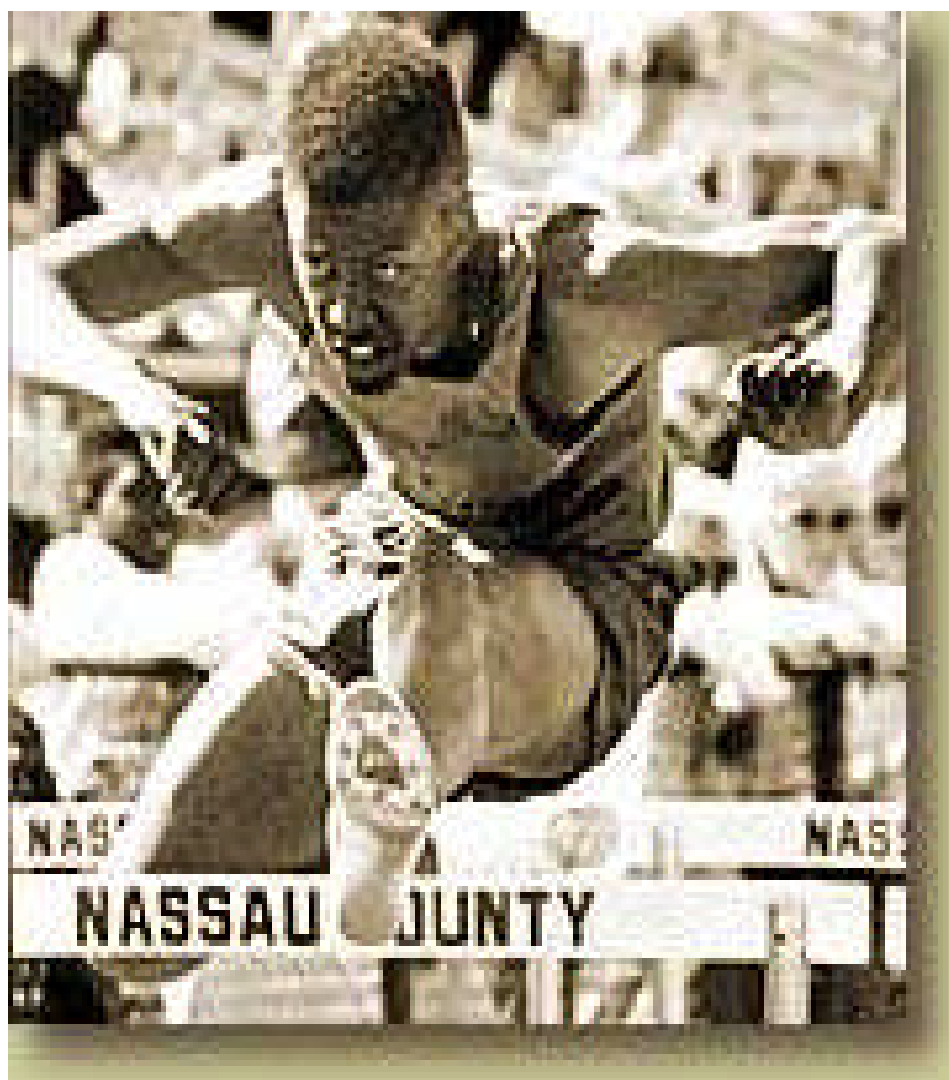


# DERRICK ADKINS



**HOLIDAY CLASSIC  
2008**

# **DERRICK ADKINS HOLIDAY CLASSIC**

Dear Coach,

Once again the Lakeview Youth Federation and Malverne High School invite you and your school track team to the Derrick Adkins Holiday Classic Track and Field Meet, on April 21, 2008. The meet, which is open to all high school athletes competing with their high school team, will be held again this year at The Mitchel Park Complex; Mitchel Park is a nine-lane **400 meters** track. The meet will be highlighted by Four Boys and Girls Invitational Events.

**DATE: MONDAY, APRIL 21, 2008 RAIN OR SHINE.**

**TIME: 10:00 am Field events and Running events Clerking begins at 9:45am**

**LOCATION: MITCHEL PARK, Uniondale, New York**

**REGISTRATION & ENTRIES FEES:**

**A BLANKET ENTRY FEE PER TEAM**

**NASSAU COUNTY PUBLIC SCHOOLS**

\$ 110.00 Plus the cost of officials. Official costs will be split between schools and billed through BOCES Only the Official will be billed; the entry fee must be submitted separately.

**(BOYS AND GIRLS CONSIDERED SEPARATE TEAMS)**

**NON NASSAU PUBLIC SCHOOLS**

A Blanket entry fee per team of \$ 150.00

**(BOYS AND GIRLS CONSIDERED SEPARATE TEAMS)**

**\*\* CHECK OR SCHOOL VOUCHER MUST ACCOMPANY ENTRY \*\***

Payable to: Lakeview Youth Federation  
P.O. Box 535  
West Hempstead, New York, 11552

**Entry Deadline: The closing date for all entries is Saturday April 12, 2008**

PLEASE NOTE: This is an ENTRY fee, not a PARTICIPATION fee. Entry by mail, fax or phone denotes an obligation on your part to pay that fee whether or not you attend the MEET.

If you have any questions, please call me at (516) 536-0134 or e-mail me (www.cbbabylon@aol.com). Remember entries are due by **Saturday April 12, 2008**

We look forward to you seeing you.

Sincerely,  
Colbert Britt

## COACHES' INFORMATION

### ENTRIES

Due Date is **Saturday April 12, 2008**

### ELIGIBILITY

An athlete may compete in any three events.

### INVITATIONAL EVENTS

We will accept ONLY the top 16 – 24 athletes in these events.

**You can see if your athlete was accepted by checking out the web site  
[www.sectionviixctf.com](http://www.sectionviixctf.com)**

### RELAYS

You do not have to seed your relays: Your relays will be seeded the day of the meet. All relays are four person

Relays Seeded heats will be run in lanes. All others may be run from a common start.

### FIELD EVENTS

Opening Heights	Boys	Pole Vault	8'	Girls	Pole Vault	6' 6"
	Boys	High Jump	5'	Girls	High Jump	4' 0"

In the Shot Put, Long Jump and Discus each competitor will be given three (3) Jump / Throws. No Finals in these events

### AWARDS:

Trophies and T-Shirts to First six in Invitational Events

Plaques to First Three Teams in each relay and Medals to 4<sup>th</sup> and 5<sup>th</sup>.

Plaques to top six in the individual's events.

### MEET GUIDELINES

- 1 Sanctioned by Nassau County Section VIII Athletic Council.
- 2 National Federation Rules will govern, with NYSPHSAA modifications: 3 Event Rule and No False Start Rules will be in effect for both boys and girls.
- 3 All weather track and runaways. Flat or pin spikes may be worn no longer than ¾" (other, will be D Q )
- 4 Arrive in uniform. No dressing facilities.
- 5 All spectators and coaches must remain in the bleachers, not on the infield. On completion of their event, all athletes must leave the infield.
- 6 Awards will be picked up by coaches only
- 7 All relay teams must wear identical uniforms.
- 8 A school may enter an unlimited amount of teams per relay.
- 9 All relays will be run in sections. Seed sections go first.
- 10 Relay cards and seed times will be submitted to the clerk when event is called.
- 11 Please supply your own baton, Starting blocks.

**All athletes who have Section VIII issue numbers must use them on all cards and runners in all events.**

## DERRICK ADKINS HOLIDAY CLASSIC

**BOYS ENTRY** \_\_\_\_\_

**GIRLS ENTRY** \_\_\_\_\_

School Name \_\_\_\_\_

Phone # \_\_\_\_\_

School Address City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Coach's Name \_\_\_\_\_

Phone # \_\_\_\_\_

Athletic Director Signature \_\_\_\_\_

**RELAYS**

**INDIVIDUAL EVENTS**

**OPEN**

**# of Teams**

**# of Enter**

Distance Medley Relay  
(1200m - 400m - 800m - 1600m)

\_\_\_\_\_

High Jump

\_\_\_\_\_

Sprint Medley Relay  
(200m - 100m - 100m - 400m)

\_\_\_\_\_

Discus

\_\_\_\_\_

400 Meter Relay

\_\_\_\_\_

Pole Vault

\_\_\_\_\_

3200 Meter Relay

\_\_\_\_\_

800 Meter Relay

\_\_\_\_\_

1600 Meter Relay

\_\_\_\_\_

Long Jump

\_\_\_\_\_

**Fresh / Soph**

Sprint Medley Relay  
(200m - 100m - 100m - 400m)

\_\_\_\_\_

Shot Put

\_\_\_\_\_

800 Meter Relay

\_\_\_\_\_

2,000m Steeplechase

\_\_\_\_\_

1600 Meter Relay

\_\_\_\_\_

3,000m Steeplechase

\_\_\_\_\_

### INVITATIONAL EVENTS

#### Top 16 - 24 INDIVIDUALS WILL BE ACCEPTED

**1600m / 1500m Run**

**110m / 100m H.H**

Names Time  
1 \_\_\_\_\_

Names Time  
1 \_\_\_\_\_

2 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

3 \_\_\_\_\_

**400m I Hurdles** Time

**400m Dash** Time

1 \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

3 \_\_\_\_\_

**ENTRIES ARE DUE BY SAT. April 21, 2008**

**MAKES CHECK PAYABLE TO:  
MAIL TO**

Lakeview Youth Federation  
P.O. Box 535  
West Hempstead, New York 11552

## DERRICK ADKINS HOLIDAY CLASSIC ORDER OF EVENT

### 10:00 am

1	Dist. Med. Relay (1200m - 400m - 800m - 1600m)		Girls	Final
2	Dist. Med. Relay (1200m - 400m - 800m - 1600m)		Boys	Final
3	100m H. Hurdles	<b>Invitational</b>	Girls	Semi - Final
4	110m H. Hurdles	<b>Invitational</b>	Boys	Semi - Final
5	4 x 100m Relay		Girls	Semi - Final
6	4 x 100m Relay		Boys	Semi - Final
7	2,000m Steeplechase		Girls	Final
8	3,000m Steeplechase		Boys	Final

### OPENING CEREMONY – NATIONAL ANTHEM

9	110m H. Hurdles	<b>Invitational</b>	Boys	Final
10	100m H. Hurdles	<b>Invitational</b>	Girls	Final
11	400m Dash	<b>Invitational</b>	Girls	Final
12	400m Dash	<b>Invitational</b>	Boys	Final
13	1500m Run	<b>Invitational</b>	Girls	Final
14	1600m Run	<b>Invitational</b>	Boys	Final
15	Sprint Medley Relay (200m -100m -100m -400m)		Girls	Final
16	Sprint Medley Relay FROSH/SOPH (200m -100m -100m -400m)		Girls	Final
17	Sprint Medley Relay (200m -100m -100m -400m)		Boys	Final
18	Sprint Medley Relay FROSH/SOPH. (200m -100m -100m -400m)		Boys	Final
19	400m I. Hurdles	<b>Invitational</b>	Girls	Final
20	400m I. Hurdles	<b>Invitational</b>	Boys	Final
21	4 x 200m Relay		Girls	Final
22	4 x 200m Relay	FROSH/SOPH	Girls	Final
23	4 x 200m Relay		Boys	Final
24	4 x 200m Relay	FROSH/SOPH	Boys	Final
25	4 x 400m Relay		Girls	Final
26	4 x 400m Relay		Boys	Final
27	4 x 100m Relay		Girls	Final
28	4 x 100m Relay		Boys	Final
29	4 x 800m Relay		Girls	Final
30	4 x 800m Relay	FROSH/SOPH	Girls	Final
31	4 x 800m Relay		Boys	Final
32	4 x 800m Relay	FROSH/SOPH	Boys	Final

### FIELD EVENTS

#### 10:00 am

HIGH JUMP	GIRLS / BOYS	POLE VAULT	GIRLS / BOYS
SHOT PUT	GIRLS / BOYS	LONG JUMP	BOYS / GIRLS
DISCUS	BOYS / GIRLS		

## **DERRICK ADKINS HOLIDAY CLASSIC**

### **ROSTER FORM**

**NON – SECTION VIII PUBLIC SCHOOLS MUST SUBMIT A TEAM ROSTER FOR ALL INVITATIONAL AND FIELD EVENTS**

Download and save Roster form then E-MAIL TO

[beercoach@aol.com](mailto:beercoach@aol.com)

Please use the Section VIII excels rosters Form. On the section viii web page ([sectioniiiixctf.com](http://sectioniiiixctf.com)) save it to your computer. Fill it out completely resaves it to your computer under a new name (school name +Boy or Girl) and then e-mail as an attachment to [beercoach@aol.com](mailto:beercoach@aol.com). Please submit ASAP.

[Roster Form](#) Don't have Excel? Use the [Alternate Form](#)