

**Announcing the 17th Annual East Syracuse-Minoa
Cross Country Invitational**

Saturday, October 11th, 2008 9:00 AM

Coaches pickup packets at reception tent upon arrival

***Pine Grove Junior High Campus
Fremont Rd., East Syracuse***

9:00 Varsity Boys
9:30 Varsity Girls
10:10 JV Boys
10:40 JV Girls
11:20 Mod Boys
11:50 Mod Girls

AWARDS: Team 1st and 2nd place trophies in 2 divisions (Varsity and JV only)run together, scored separately
 Individual ribbons 1-50 Special awards 1-5 Fastest Varsity Times

COURSE: Interesting, European style 5K

**Procedure: Starting line 1st come, 1st serve basis
10 Varsity allowed, 7 before anyone runs JV,
JV and modified unlimited**

Results are computerized, all runners including modified will be assigned a number.

\$110.00 for two or more teams, \$60.00 for one team. Vouchers or checks make payable to ES-M Harriers c/o Jim Gorney.

**Please respond by September 26th with a commitment e-mail to jgorney@esmschools.org after which you will receive a roster form.
Jim Gorney <> 21 Elia Circle <> Canastota, NY 13032**

Directions to Course: Take Kirkville Road East exit from Rt. 481. Turn right on Fremont Road from Kirkville Road. Turn left into Pine Grove/Woodland campus 150 yards on left.

Complete concessions at the meet including coffee, donuts, water, powerade, hamburgers, hotdogs, pizza and a variety of candy, chips