3rd Annual Runnin' Cadet Classic
"Friday Night Lights"
HILTON HIGH SCHOOL

Friday, May 9, 2008 - Field events start at 4:30 – Track events at 5:00

Your Team is invited to Participate in the Runnin' Cadet Classic. Only a Maximum of 16 Team Entries Will Be Accepted, So Please Respond Quickly!

FACILITIES: Home of Section V- Class AA Sectionals. Hilton has an 8-lane, all-weather track (with Steeplechase), 4 LJ/TJ pits, 2 SP areas, 1 Discus areas, Space for 2 HJ's, and 2 PV areas. (Concrete Throwing Surfaces, 1/8" spikes on Runways, Please!) Restrooms are available right next to the Track. Concession Stand will be open.

LIMITATIONS: Athletes Can Do Any 4 Events. A Team May Enter 2 Athletes in Laned Events, 3 Athletes in All Other Events. 1 Relay Team per School.

AWARDS: Awards to Top six places

ENTRIES: Entries will be online through www.yentiming.com . Entry information will be sent out to schools **only** when their entry fees are received. **Entry fees MUST be received by Friday, May 2nd. The first 16 PAID schools will be entered into the meet.**

FEES: **$75** for Either a Boys **OR** a Girls Team, **$125** For Both **and** schools are asked to bring **one officials voucher.** For Small Numbers, $15.00 per Athlete (may do 4 events). Make Checks & Vouchers Out to the **HILTON TRACK** (*not Hilton High School*!), and Mail it to the Below Address! If We Need to Sign A Voucher, Please Send It ASAP! We'll Mail it back!

Send To: Mike Szczepanik, Track Coach
Hilton High School
400 East Ave.
Hilton, NY 14468

School Phone: (585) 392-1000 (Ext 2220)
Home Phone: (585) 227-1388
School FAX: (585) 392-1052
School Email: mszczepanik@hilton.k12.ny.us

ORDER OF EVENTS

RUNNING EVENTS

2000m Steeplechase
3000m Steeplechase
110m Hurdles
100m Hurdles
800m
400m Relay
1600m Relay
NATIONAL ANTHEM
3000m/3200m Featured event
**** "Fleet Feet Distance Runner of the year" event ****
100m
400m
1500m/1600m
400m Hurdles
200m
3200m Relay

FIELD EVENTS

FIRST
Boys and Girls High Jump (after steeple)
Boys and Girls Pole Vault
Boys Shot Put/ Girls Disc
Boys and Girls Long Jump

SECOND
Girls Shot Put
Boys Disc
Boys and Girls Triple Jump

All events are finals on time
Girls will precede boys unless otherwise stated above

WE EXPECT THE MEET TO BE OVER AT ABOUT 10:00 pm
ONLY A MAXIMUM OF 16 TEAMS WILL BE ENTERED, SO PLEASE LET US KNOW ASAP!