

**The Twentieth Annual
Marathon Cross Country Invitational**

This year's Invitational will be held at the Appleby Elementary School, Saturday, October 18, 2008. Upon arrival, please follow the directions of the parking attendant. Coaches may pick up maps and race packets at the elementary cafeteria upon arrival or at the coaches' meeting.

Below is the schedule of events for the invitational.

SCHEDULE OF EVENTS

8:45 General Information Posted in Cafeteria

9:15 Modified Girls Race (Small).....	(Unlimited)
9:35 Modified Boys Race (Large).....	(Unlimited)
9:55 Modified Girls Race (Large).....	(Unlimited)
10:15 Modified Boys Race (Small).....	Unlimited)
10:35 Boys Varsity Unseeded Race	(Limit of 7)
(In order to enter two unseeded teams you must have a seeded team or permission from the meet director)	
11:00 Boys Varsity Seeded Race	(Limit of 7)
11:20 Girls Varsity Unseeded	(Unlimited)
(In order to enter two unseeded teams you must have a seeded team or permission from the meet director)	
11:50 Girls Varsity Seeded	(Limit of 7)
(You may run two girls teams in the seeded race or put your 8th runner and up in the girls Unseeded Race)	
12:15 Boys Junior Varsity	(Unlimited)

PLEASE NOTE THE FOLLOWING

- 9th Graders that participate in the modified races must be in a league that promotes a modified program otherwise they run JV or Varsity.
- Awards Ceremony to Follow in Elementary Gym.

REGISTRATION INFORMATION

To allow us the opportunity to continue to offer a quality meet we must limit the total number of schools participating to 45. Entries will be accepted on a first come first serve basis, and must be postmarked by October 10, 2008.

FEES

The entry fee for more than 2 Races	\$100
The entry fee for 2 Races.....	\$80
The entry fee for 1 Race	\$50
Individual runners	\$20

Please make check/vouchers payable to: Marathon Cross Country Invitational

COURSE DESCRIPTION

The course is fully marked and offers a variety of challenges over a moderately hilly terrain. Spikes are recommended and may be used in all Varsity and Junior Varsity Races. Entries in the Modified races may not wear spikes.

RACE DISTANCES

Boys & Girls Varsity.....	5000 Meters
Boys Junior Varsity.....	5000 Meters
Boys & Girls Modified Races.....	2500 Meters

AWARDS

Team Awards for all Races

Team Plaques.....Places 1-3

Other Team Award

Varsity Coed Team Plaques..... Places 1-3

(Combined Total Time of Top 3 Boys & Top 3 Girls)

Spirit & Sportsmanship Plaque..... Coaches' Vote

Individual Awards for all Races

PlaquesPlaces 1-5

T-ShirtsPlaces 1-10

Individual Medals Places 11-20

Individual Awards..... 21-50

Specialty Awards

All Time Top 50 Certificates To Be Mailed, Fastest Varsity Male & Female Freshman Award By Time

QUESTIONS

If you should have any questions regarding the meet please contact Coach Todd A. James at (School) 607-849-3223 or (Home) 607-849-6227.

ACCOLADES FROM COACHES AND SPECTATORS

- Your volunteers put on an AWESOME invitational. I couldn't get over how much you guys did for the athletes at every level. You deserve to be commended. Sometimes recognition is lost if you're not on the winning team or not on varsity. I felt as though I was at the State meet for XC and they were giving awards for the different classes. Again GREAT JOB and please let those involved know they are appreciated by us "Northern folks from Syracuse". Greg Broton, Assistant Coach-CNS Cross Country
- I cannot tell you how impress we are with your invitational. It was an amazing feat of organization. Marie Fitzsimmons, Coach, Watkins Glen Cross Country.
- Nice Course. I loved the downhill start and uphill finish. The awards were indeed very crowded.
- To watch a race you can stand in one spot and see the kids four times and it's still a short walk to the finish line.
- I live very close to the Marathon Elementary school and watched this event for the very first time and I was in awe of the huge turn out, 48 Schools or so I was told, from CNS to Corning to Susquehanna etc. Very festive atmosphere, tents, Frisbee, football games etc... My kids and I really enjoyed the event. Quite something to see a start with hundreds of kid's alls running down hill for position. As to the visibility I have always loved the elementary school for athletic events, the view is stellar and I believe it fits the event well. As for parking, I knew the area, go to the top by the bus garage, your likely hood of better parking is good that way and less distance to the start line.

REGISTRATION

Limited to the first 45 teams

COACH'S NAME:
SCHOOL ADDRESS:
HOME PHONE #
CELL PHONE #
SCHOOL PHONE #
FAX PHONE #
E-MAIL ADDRESS:

PLEASE CHECK ONE

Yes, I plan to attend the 20th Annual Marathon Invite

No, I do not plan on attending the 20th Annual Invite, but keep me on the mailing list.

OFFICIAL ENTRY FORM

Please check the following races that you wish to compete in and record the estimated number of runners to participate in each race.

Check Race	Name of Race	Estimated Runners
_____	Modified Girls (7-9th Unlimited)	_____
_____	Modified Boys (7-9th Unlimited)	_____
_____	Boys Varsity (Limited to 8 runners)	_____
_____	Girls Varsity (Unlimited)	_____
_____	Boys Junior Varsity (Unlimited)	_____

RETURN REGISTRATION FORM BY Oct. 10, 2008

Todd A. James, X-C Coach
PO Box 339, 1 East Main Street
Marathon Central School
Marathon, New York 13803
or
Phone/Fax to 607-849-3223