

**SYRACUSE CROSS COUNTRY  
INVITATIONAL  
SATURDAY, OCTOBER 4, 2008 @ SANTARO  
PARK (NEAR OCC AND CORCORAN  
HS/START AND FINISH BY OLD VAN DUYN  
HOSPITAL)**

Dear Coaches;

I am including pertinent information that will provide both a time schedule and awards for our meet. Please E-MAIL (jhohm1@twcny.rr.com) me a list of both Varsity and Junior Varsity runners only by SEPTEMBER 22<sup>nd</sup>.

**SCHEDULE**

<u>RACE #</u>	<u>TIME</u>	<u>RACE</u>	<u>DISTANCE</u>	<u>RUNNERS</u>
1	8:45	BOYS MOD	1.5	UNLIMITED
2	9:05	GIRLS MOD	1.5	UNLIMITED
3	9:30	BOYS VAR	3.1	TOP 7
4	10:00	GIRLS VAR	3.1	TOP 7
5	10:30	BOYS JV	3.1	UNLIMITED
6	11:00	GIRLS JV	3.1	UNLIMITED

**ENTRY FEE: \$100.00 PAYABLE TO CORCORAN CROSS COUNTRY**

**AWARDS**

**TEAM AWARDS 1<sup>ST</sup> 2<sup>ND</sup> IN VARSITY RACES---1<sup>ST</sup> IN JV**

**INDIVIDUAL AWARDS: WINNER (M&F) AWARD (VAR RACES)**

**T SHIRTS TO TOP 7—VARSITY RACES**

**WINNING VARSITY TEAM RECEIVES A T-SHIRT**

**NOTE: NO DOUBLE T-SHIRTS IN VARSITY**

**RACES**

**T-SHIRTS TO TOP 3 IN JV RACES**

**T-SHIRTS TO TOP 3 IN MODIFIED RACES**

Please E-MAIL TEAM ROSTER TO :

jhohm1@twcny.rr.com

**JOHN HOHM**

**321 Wellesley Road**

**SYRACUSE, NY 13207**

**435-4076 (SCH) 478-7136 (HOME)**



