

**Tully Spring Break Thing
Girls Track & Field Invitational
Hosted by the Tully Girls Varsity Track Team**

Date: Wednesday April 16th, 2008

Time: 10:00 A.M. Field Events and Running Events Begin

**Site: Tully High School
Rt. 80
Tully, NY 13159**

Athletes: This is a girls' only meet

Facility: The track has 8 lanes on the straight away, and 6 lanes for 400 meters. The all-weather facility, has 2 excellent throwing areas, along with 2 separate jumping runways, and separate areas for the high jump and pole vault.

Spikes will be permitted!!

Format: Each school is limited to three entries in each open event, and two entries in the relay events. Two entries are allowed in the pentathlon. An athlete may compete in only three events. Do not put Varsity athletes in the novice events. They are for non-Varsity athletes only.

**** Please note there is a novice shot put and discus throw this year. You may put 3 girls in each event.**

Entries: All intentions to compete sheets should be sent to the meet director, Michelle Franklin-Rauber at the following address:

**Michelle Franklin-Rauber
PO Box 169
Tully, NY 13159**

**Or email them:
wease1968@peoplepc.com**

Phone: 607-749-5959

When you come to the meet, please have all of your entries on 3x5 cards for both field events and track events.

Order of Events:

10:00 A.M.

- 1) Pentathlon Hurdles**
- 2) 100 Meter Hurdles (semis)**
- 3) 4x1600 relay**
- 4) 400 Meter Hurdles**
- 5) 800 Meters**
- 6) 100 Meter (semis)**
- 7) 3000 Meters**
- 8) 4 x 100 Meter Relay (semis)**
- 9) Sprint Medley Relay 800-400-200-200**
- 10) 100 Hurdle (finals)**
- 11) 100 Meter (finals)**
- 12) Novice 1500 Meters**
- 13) 400 Meters**
- 13) Varsity 1500 Meters**
- 14) Novice 200 Meters**
- 15) Varsity 200 Meters**
- 16) 4 x 800 Relay**
- 17) 4 x 100 Meter Relay (finals)**
- 18) 4 x 400 Relay**
- 19) Pentathlon 800 Meters**

Field Events

10:00AM

**Shot Put, Pole Vault, Long Jump
Novice Discus**

**When the above field events are finished:
Discus, High Jump, Triple Jump, Novice Shot Put**

Pentathlon Order of Events:

**100 Hurdles
High Jump
Shot Put
Long Jump
800 meters**