

21st ANNUAL WEEDSPORT TRACK AND FIELD INVITATIONAL
SATURDAY, MAY 10, 2008
9:30 A.M.

- SITE:** Weedsport High School Track
- 400 m. 6 lanes, all weather surface on track and jumping areas
 - Spikes will not be allowed
 - Cement shot and discus area
 - Locker room available, (but limited, due to the number of teams)

COACHES MEETING: 9:00 a.m. (in the Chorus Room)

COST: \$60.00 -Girls Team \$60.00 -Boys Team

- AWARDS:** All awards are for both boys and girls
- Award to the top three teams
 - Award to the outstanding track athlete
 - Award to the outstanding field athlete
 - First place award for relay events (400M, 1600M, 3200M, and Sprint Medley)

- ENTRIES:** All athletes will be allowed to compete in **three** events
- An athlete may compete in only **one** relay
 - **Two** entries per school for individual events (except the novice events)
 - **One** relay team per school
 - All entries must be in by **9:10 a.m.** on a 3x5 card at the coaches meeting

Sample entry card:

3200m. RUN	PULASKI
BUD JONES	
10:30.6	

SCORING: 10-8-6-4-2-1 NOTES:

- Please send your registration in as soon as possible to secure your entry
- There will be a limited number of teams allowed to compete
- Eight officials have been requested. Timers are appreciated
- For further information, contact Athletic Director:
Cal Mosher
e-mail: mosherc@weedsport.org
School Phone-(3 15) 834-6652

NOTIFICATION: Please return the bottom portion to the address below:

Weedsport Warrior Booster Club
c/o Mark Mietz
2821 Ross Drive
Weedsport, NY 13166

2008 Weedsport Track and Field Invitational

The _____(boys/girls) team will be attending the 2008 Weedsport Invitational on May 10

Coach	School Address	School Phone	E-Mail
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Coach	School Address	School Phone	E-Mail
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WEEDSPORT INVITATIONAL

Saturday, May 10, 2008

9:30 A.M.

ORDER OF EVENTS

400M HURDLES (B,G)	TIMED FINAL
3200M (B)	FINAL
400M RELAY (B, G)	TRIALS
3000M (G)	FINAL
1 10M HURDLES (B)	TRIALS
100M HURDLES (G)	TRIALS
100M DASH (B,G)	TRIALS
400M (B,G)	FINAL
1 600M (B)	FINAL
1 500M (G)	FINAL
SPRINT MEDLEY (B,G) (400-200-200-800)	FINAL
1 10M HURDLES (B)	FINAL
100M HURDLES (G)	FINAL
100M DASH (B, G)	FINAL
NOVICE 1600 (B)	FINAL (NO ENTRANT WHO HAS RUN UNDER 5:25)
200M (B, G)	TRIALS
800M (B, G)	FINAL
NOVICE MILE (G)	FINAL (NO ENTRANT WHO HAS RUN UNDER 6:00)
200M (B, G)	FINAL
WEIGHTMEN 4 X100 RELAY	(ONLY SHOT OR DISCUS BOYS <u>180 LBS. & OVER</u> (NON-SCORING) (Scale at Clerking Area)
WEIGHTLADIES 4 X100 RELAY	(ONLY SHOT OR DISCUS GIRLS) (NON-SCORING)
3200M RELAY (B, G)	FINAL
400M RELAY (B, G)	FINAL
1600M RELAY (B, G)	FINAL
SHOT-GIRLS, BOYS	
LONG JUMP-BOYS, GIRLS	
TRIPLE JUMP-BOYS, GIRLS (IMMEDIATELY AFTER LONG JUMP)	
DISCUS-BOYS, GIRLS	
HIGH JUMP-GIRLS, BOYS	
POLE VAULT-GIRLS, BOYS	
NOVICE SHOT PUT-GIRLS, BOYS (After Scoring Events are Completed)	
NOVICE DISCUS PUT-BOY, GIRLS (After Scoring Events are Completed)	
POLE VAULT-START AT 7' BY 6" TO COMPLETION (B)	
POLE VAULT-START AT 5' BY 6" TO COMPLETION (G)	
TRIPLE JUMP, LONG JUMP, SHOT, DISCUS-3 JUMPS/THROWS PER ENTRANT (NO FINAL)	
HIGH JUMP-(B) START AT 5'0" BY 2" TO COMPLETION	
(G) START AT 3'10" BY 2" TO COMPLETION	