



SATURDAY, SEPTEMBER 13TH, 2008

FIREMEN'S PARK (West Seneca)
3.1 mile/5 kilometer flat & grassy
course

EVENT SCHEDULE

10:00 AM – JUNIOR VARSITY GIRLS

10:30 AM – JUNIOR VARSITY BOYS

11:00 AM – DIVISION 2 VARSITY GIRLS

11:30 AM – DIVISION 1 VARSITY GIRLS

12:00 PM – DIVISION 2 VARSITY BOYS

12:30 PM – DIVISION 1 VARSITY BOYS

1:00 PM – TEAM AWARDS & FASTEST RUNNERS RECOGNITION



Event Directors Contact Information

Emilio Mancino

emancino@westseneca.wnyric.org

(716) 677-3801 ext. 4347 (school voice mail)

(716) 827-9773 (answering machine) *use only if necessary

Pete Szymanski

pszymanski@csufsd.org

(716) 897-7800 ext. 1234 (school voice mail)

Competition Information

Entry Fees:

ALL entry fees should be paid before the day of competition! Please be sure your athletic office understands and is timely with payment.

\$80 for both boys and girls teams (JV & Varsity included)

\$50 for either boys or girls teams (JV & Varsity included)

\$20 per JV/Varsity individual

**Teams must have three (3) or more runners in order to avoid the individual entry fee.

Send Check/Voucher to:

Timm Slade

Admin. Building – West Seneca CSD Athletic Office

1397 Orchard Park Rd.

West Seneca, NY 14224

Make Checks payable to: **West Seneca Central School District

Directions: Interstate 90 (Thruway) to exit 55 then take Ridge Road (East). Turn right onto Orchard Park Road (Route 240) and follow up to East-West Road. Go left onto East-West Road and continue about two miles until you reach the park, which will be on your left. Drop off and parking directions will be distributed as we approach the date of the competition.

Rules: This competition is governed by the National Federation of High Schools, the New York State Public High Schools Athletic Association, Section 6 Athletics, and the Erie County Interscholastic Conference. Jewelry, uniform, and electronics rules are in effect and will be enforced. The Games Committee will be comprised of the head official, Pete Szymanski, and Emilio Mancino. Any protests must be clearly written and explained before given to anyone on the Games Committee.

Entry Information: Varsity races must have a minimum of five (5) runners to be eligible for team scoring. There will be a maximum of seven (7) runners in all Varsity races. There is no limit to the number of Junior Varsity runners that can be entered. Runners who are typically Varsity caliber should not be participating in the Junior Varsity races. Any 7th or 8th grader participating in this competition on either level must have been approved through the NYSPHSAA Selective Classification process.

The attached entry form should accompany the payment. Be sure to complete it legibly and carefully. The determination of divisions will be based on school enrollment data compiled by the NYSPHSAA.

Scoring Information: Numbered cards will be handed out just past the finish line to each runner who successfully completes the course. Coaches will collect and record the numbered cards that their team's runners hand to them immediately following the completion of their race. Completed score cards AND the individual numbered cards must be submitted to the clerks at the scoring table as soon as possible. Any missing scoring information (i.e. score cards, place cards) will result in an incomplete score for that team.

Course Information: 99% grassy and flat course that is extremely viewer friendly and accessible. Half mile and mile markers are generally in the same areas of the course. Spikes are strongly recommended.

Awards per Race:

<i>Junior Varsity</i>	<i>Varsity</i>
One team trophy	Team trophies to the top three (3) scoring teams
Medals through 10 th place	Medals through 10 th place
Ribbons through 30 th place	Ribbons through 20 th place
	Trophies to Fastest Male & Female Runners

Concessions: There will be a concession booth that will feature a variety of snacks and refreshments. A limited number of t-shirts produced by Winged Foot will also be sold for a cost between \$10 to \$15.

General Information:

- Course maps will be provided to all participating teams the day of the competition. Please contact the meet directors if a course map is wanted prior to the day of the competition.
- Please be sure to clean up outside of the rest room facilities as best as possible before entering the rest rooms.
- Results will be posted on the day of the competition and on the following web sites:

www.section6runs.com
www.tullyrunners.com
www.armoryfoundation.org
www.section6.wnyric.org

- Teams that are traveling distances that require an overnight stay can email the meet directors about accommodations.
- An athletic trainer may be on hand for any medical situations.

Good "talent" this upcoming season!!! (Why rely on "luck"?)

14th West Seneca Cross Country Invitational
ENTRY FORM

PLEASE WRITE CLEARLY!!!

Team Name & Mascot: _____
(Example: West Seneca West Indians)

Full Coaches Name(s): _____

Full E-Mail Address: _____

Phone Number: (include area code if not 716) _____

****Please check off appropriate division and races below that will be contested.**

- BOYS Division ONE (enrollment of 600 or more) – up to seven (7) top runners
- BOYS Division TWO (enrollment of 599 or less) – up to seven (7) top runners
- GIRLS Division ONE (enrollment of 600 or more) – up to seven (7) top runners
- GIRLS Division TWO (enrollment of 599 or less) – up to seven (7) top runners
- BOYS Junior Varsity – unlimited entries
- GIRLS Junior Varsity – unlimited entries
- BOYS Individual Entry (Maximum of two)
Total Number? ____ Division 1 or 2? ____ Varsity or JV? ____
- GIRLS Individual Entry (Maximum of two)
Total Number? ____ Division 1 or 2? ____ Varsity or JV? ____

TOTAL Entry Fee: \$ _____

Post Mail to **Timm Slade (Athletic Director)** (address above)
...AND/OR...

E-Mail a copy of this form to **mkbiddle@westseneca.wnyric.org** (PREFERRED!)

...AND/OR...

Fax a copy of this form to **(716) 677-3142** c/o **MaryKay Biddle**
(Director's Secretary)

NOTE: Enrollments may be checked if event management is not familiar with a school or there are any concerns to be alleviated.

Participation and Entry Deadline is FRIDAY, AUGUST 29th, 2008!!!